

# 푸드 뱅크 안내

### ❖ Markham Food Bank (마캄 푸드뱅크)

- 주소: 11-190 Bullock Drive, Markham ON L3P 7n3
- 픽업 방법: 방문 (예약 불필요)
  화요일 6:00pm 7:45pm
  목요일 12:30pm 2:15pm
  토요일 9:00am -10:45am
- 방문할때마다 마캄 거주인을 증명해야 함: 주소가 있는 신분증 또는 우편물과 사진이 있는 신분증
- 거주 주소가 없을 경우: 담당자에게 요청하면 진행을 도와 줌
- 매 28일 중(4주단위) 1회 방문을 환영합니다.



### ❖ Vaughan Food Bank (반 푸드뱅크)

- 주소: 5721 Hwy #7, Unit4 Woodbridge ON L4L 3A2 (east of Hwy 27)
- 픽업: 목요일/금요일 10:00am 3:30pm
- 연로하신 분은 대리인이 방문 픽업하기를 권장합니다.
- 문의: 905-851-2333

## ❖ The Salvation Army Food Bank (한인 대상 / 구세군 푸드뱅크)

- 주소: 150 Railside Rd North York
- 물품: 음식 및 생필품
- 대상: 토론토 거주 한인 유학생 및 식료품 지원이 필요한 가정
- 문의: 647-980-9427, 416-738-9649

## ❖ Richmond Hill Food Bank (리치몬드힐 푸드뱅크)

- 주소: 55 Newkirk Road. Richmond Hill ON L4C 3G4 (north of Centre St and south of Crosby Ave) / Access via north side door
- 픽업: 월요일-금요일 9:00pm-11:30pm
- 리치몬드힐 또는 쏜힐 지역 거주자, 월 1회
- 거주증명 서류 (각 가족 구성원)
  - -주소가 있는 증명 서류(20세 또는 이상): 운전면허증, 온타리오 ID카드, 정부발행 수표, 공과금 영수증, 주소가 적힌 전화요금 영수증
  - 19세 이하 어린이: 운전면허증 (16-19세), 여권, 출생증명서, 영주권 서류, 학생증
- 문의: 905-508-4761

## ❖ Humanity First (휴매니티 퍼스트)

- 주소: 600 Bowes Road, Unit 40 Vaughan, ON L4K 4A3 (intersection:Keele St and Langstaff Rd)
- 서비스 지역: 반, 노스욕지역 (GTA 전체를 제공할 예정)
- 현재 신규 클라이언트 접수 중이며, 심사나 기준이 없음
- 주 6일 오픈, 가정 배달 가능 (COVID로인해 배달 소요 시간이 다소 길어질 수 있음)
- 문의: 사전 등록 (전화 또는 이메일)
  416-440-0346

www.humanityfirstcanada.ca/food-bank



## **Food Bank**

### Markham Food Bank

- Location: 11-190 Bullock Drive, Markham ON L3P 7n3
- Drop-in, no appointment needed

Tuesday: 6:00pm - 7:45pm Thursday: 12:30pm - 2:15pm Saturday: 9:00am - 10:45am

- Each visit you will have to provide proof of Markham residency with a piece of photo ID that shows your address, or a piece of mail with a piece of photo ID. If you do not currently have a permanent address, please, speak to one of our directors and we will arrange an exception.
- You are welcome to visit the Markham Food Bank once every 28 days.



### Vaughan Food Bank

- Location: 5721 Hwy #7, Unit4
  Woodbridge ON L4L 3A2 (east of Hwy 27)
- Pick up: Thursday/Friday 10:00am 3:30pm
- They recommend that anyone who is sick or elderly send someone on their behalf to pick up the food. The person will need to bring a letter from the client explaining that they are in need and have asked this person to come on their behalf.
- Call: 905-851-2333

### Richmond Hill Food Bank

- Location: 55 Newkirk Road. Richmond Hill ON L4C 3G4 (north of Centre St and south of Crosby Ave) / Access via north side door
- Pick up: Mon-Fri / 9:00pm-11:30pm
- Clients live in the Richmond Hill or Thornhill area and can come once per month.
- Clients are asked to produce proof of residence to qualify for assistance. For each member of the family, please provide the following:
- · Address ID for all family members
- Call: 905-508-4761

## The Salvation Army Food Bank

- Location: 150 Railside Rd North York
- Item: Food & Necessities
- Korean international students living in Toronto and families in need of grocery assistance
- Call: 647-980-9427, 416-738-9649

## Humanity First

- Location: 600 Bowes Road, Unit 40
  Vaughan, ON L4K 4A3 (intersection: Keele St and Langstaff Rd)
- Service Area: Vaughan & York Region (and potentially whole GTA)
- they are accepting new clients and have no screening or criteria for service.
- The food bank is open six days a week, and they also do home delivery (through there may be a longer than usual wait time due to demand during COVID)
- Call: You need to pre-register via phone or email. 416-440-0346

www.humanityfirstcanada.ca/food-bank